

Helping Children with Complex Needs Bounce Back

Resilient Therapy for Parents and Professionals

A new book written by Kim Aumann, Director of Amaze Research and Training, and Angie Hart, Professor of Children, Families and Community Health at the University of Brighton.



Written for parents and carers of children with complex or special needs, this book translates some of the messages from resilience research into practical ideas that parents can use in everyday ways. But it starts from a place that recognises just how tough it can be to help children to get the basics sorted. It should also be useful for practitioners who support children and families to bounce back.

'It is terrific to see a book for parents and professionals which shares knowledge and expertise on resilience - it is the key to parents and children getting through the tough times.'
Mary MacLeod, Chief Executive of the Family and Parenting Institute

Order the book (ISBN 978 1 84310 948 8) which costs £13.99 online with [Amazon](#) or via [Jessica Kingsley publishers](#). You should also be able to get it at most bookshops or local parents can call the helpline on 01273 772289 and Amaze will lend you a copy.