

THROUGH THE NEXT MAZE

BRIGHTON AND HOVE

**A handbook for parents of teenagers
with special needs (aged 14+)**

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Useful contacts

You can find contact details for the organisations mentioned in this book (and many more) in this list. The first two sections contain the most important local and national services and organisations for parents of young people with special needs. Subsequent sections are divided into subjects: Education, Health and Social Care, Housing, Leisure, Money and Work and Travel. For a searchable list of contacts, visit the Amaze website ('Resources' link).

Contacts: Local organisations

AdvoAct

Advocacy service for adults with a learning disability

01273 422175

info@interact.bh-impetus.org

www.bh-impetus.org

Amaze

Full range of services for parents of children with special needs in Brighton and Hove

01273 772289 (helpline)

www.amazebrighton.org.uk

Aspire

Support and mentoring for people with Asperger Syndrome

01273 229009

Sarah.Hendrickx@bh-impetus.org

www.bh-impetus.org

Assert

Advice and support for adults with Asperger Syndrome and their families, including helpline and drop-in

01273 234850

assertbh@assertbh.org.uk

www.assertbh.org.uk

Autism Sussex

Services for people with autistic spectrum conditions

01424 773366

marcy.knowles@autismsussex.org.uk

www.autismsussex.org.uk

Brighton & Hove Children's Services

Education, health and social care services for all 0-19 year olds (up to 25 years for those with special needs)

01273 290000
www.brighton-hove.gov.uk

Brighton & Hove City Council

01273 290000
www.brighton-hove.gov.uk

Crossroads

Practical help and respite for carers

01273 234021
office@brightoncrossroads.org.uk
www.brightoncrossroads.org.uk

Care Co-ops

Range of services including supported work placements

01273 685300
info@careco-ops.org.uk
www.careco-ops.org.uk

Carers Emergency Back-up Scheme/Carelink Plus

Alternative home-based care organised through council's Access Point to give carers peace of mind in an emergency

01273 680065 (emergency back-up)
01273 673105 (Carelink Plus)
CareLinkPlus@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Carers Centre

Local charity that supports carers

01273 746222
info@thecarerscentre.org
www.thecarerscentre.org

Citizens Advice Bureau (CAB)

Free, impartial, confidential and independent advice on any subject

0845 120 3710
www.brightonhovocab.org.uk

Counselling services - Sussex Central YMCA

Counselling for children, young people and families through Family Counselling and Mediation and Dialogue services

01273 320500 (Dialogue Centre)/
222574 (Family Counselling and Mediation)
dialogue@sussexcentralymca.org.uk
www.dialoguecentre.co.uk

Disability Advice Centre

Info and advice on disability issues, by phone and appointment. Run by Federation of Disabled People

01273 296747

disabilityadvice@bhfederation.org.uk
www.bhfederation.org.uk

Federation of Disabled People

Information, advice and counselling for disabled people and their families. Direct Payments advice and support

01273 296747

bhfederation@bhfederation.org.uk
www.bhfederation.org.uk

Family Information Service (FIS)

Council service that gives info and advice on services for 0-19s. Runs At Home Childcare Service

01273 293545

www.brighton-hove.gov.uk

Learning Disability Partnership Board

Works to improve the lives of people with learning disabilities in the city. Parent carers and people with learning disabilities represented on the board

01273 292115

sarah.crowe@brighton-hove.gov.uk
www.brightpart.org

mASCot (Managing Autistic Spectrum Condition Online Together)

Monthly parent-led support group and online forum

sambay66@yahoo.com
Contact Sam Bayley

Mencap

Local office of learning disability charity

01273 234759

www.mencap.org.uk

Speak Out

Advocacy project for people 16+ with learning disabilities

01273 421921

info@bhspeakout.org.uk
www.bhspeakout.org.uk

Spider's Web IT

Free refurbished computers for children and adults with disabilities

01273 298667

hazel.marchant@ntlworld.com
www.spiderswebit.blogspot.com

Sussex ADHD Support Group

Information, advice and support for those affected by ADHD in Sussex

07519 280 950

mail@sussexadhd.org.uk
www.sussexadhd.org.uk

Sussex Deaf Association

Information and activities for deaf and hearing impaired people

01273 671899 (Voice/Minicom)

info@sussexdeaf.co.uk
www.sussexdeaf.co.uk

Sussex Interpreting Service

Interpreting and translation service based in Brighton

01273 702005

info@sussexinterpreting.org.uk
www.sussexinterpreting.org.uk

Young Carers Project

Clubs and activities for children and young people who are carers too

01273 746222

info@thecarerscentre.org
www.thecarerscentre.org

Young People's Centre

Services and support for 13-25 year olds inc sexual health clinic and counselling

01273 887886

ypc@impact-initiatives.org.uk
www.ypc.ebabel.org.uk

Youth Advice Centre (YAC)

Drop-in youth advice for 13-25s

01273 889292

yaccservices@sussexcentralymca.org.uk
www.sussexcentralymca.org.uk

Youth Advocacy Project

01273 295510

www.bhyap.org.uk

Youth Employability Service

Advice and support on further education, employment and training via LDD Advisers

01273 294247

www.brighton-hove.gov.uk

Contacts: National organisations

Aidis Trust

Information and advice on computing equipment and software for people with special needs. Helpline, web resources and low-cost online shop

0845 120 3719 (Helpline)
support@aidis.org
www.aidis.org

Care Quality Commission (CQC)

National organisation responsible for inspecting and regulating health and social care in England

0300 616161
enquiries@cqc.org.uk
www.cqc.org.uk

Contact a Family (CaF)

Advice, information and support to the parents of all disabled children

0808 808 3555
helpline@cafamily.org.uk
www.cafamily.org.uk

Disability Alliance

Information and advice on disability rights and benefits

0207 247 8776
Office.da@dial.pipex.com
www.disabilityalliance.org

Disability Law Service

Legal advice for disabled people, their families and carers

0207 791 9800/'0207 791 9801
(minicom)
advice@dls.org.uk
www.dls.org.uk

Equality and Human Rights Commission

Advice and guidance on equality and discrimination law including new Equality Act 2010

0845 604 6610/'0845 604 6620
(text phone)
www.equalityhumanrights.com

Foundation for People with Learning Disabilities

Promotes rights and opportunities of people with learning disabilities and their families

0207 803 1100

www.learningdisabilities.org.uk

Joseph Rowntree Foundation

Research and policy organisation focusing on social exclusion

01904 629241

info@jrf.org.uk

www.jrf.org.uk

Local Government Ombudsman (LGO)

For complaints about any local authority departments

0300 061 0614

advice@lgo.org.uk

www.lgo.org.uk

Mencap

Support for parents of children with learning disabilities and learning disability helpline

0808 808 1111 helpline/020

7454 0454

help@mencap.org.uk

www.mencap.org.uk

National Centre for Independent Living (NCIL)

Info on personal assistance, independent living, Direct Payments and Personal Budgets

0207 587 1663/advice line 0845

026 4748

www.ncil.org.uk

People First

Organisation run by and for people with learning difficulties

0207 820 6655

general@peoplefirstltd.com

www.peoplefirstltd.com

Public Guardianship Office

Supports and promotes decision making for those without the capacity to do so themselves

0300 456 0300

customerservices@publicguardian.gsi.gov.uk

an.gsi.gov.uk

www.justice.gov.uk

RADAR – The Disability Network

Information and advice, publications list inc.
holiday information

0207 250 3222/0207 250 4119
(Minicom)
radar@radar.org.uk
www.radar.org.uk

Sane

Practical information, crisis care and
emotional support for people affected by
mental illness

0845 767 8000
sanemail@sane.org.uk
www.sane.org.uk

Scope Response

First point of contact for information on
cerebral palsy, disability issues and all of
Scope's local and national services

0808 800 33 33 (Freephone)
response@scope.org.uk
www.scope.org.uk

Skill

Skill, now part of the Disability Alliance,
provides FAQs, web site, booklets and
freephone helpline for disabled students

0800 328 5050
skill4disabledstudents@disability
alliance.org
www.skill.org.uk

Contacts: Education

BHASVIC (Brighton, Hove and Sussex Sixth Form College)

01273 552200
admissions@bhasvic.ac.uk
www.bhasvic.ac.uk

Blatchington Mill School

Includes sixth form

01273 736244
office@blatchingtonmill.brighton-hove.sch.uk
www.blatchingtonmill.org.uk

Cardinal Newman School

Includes sixth form

01273 558551

City College

Post-16 FE college

01273 667788
info@ccb.ac.uk
www.ccb.ac.uk

Department for Education (DfE)

Government department responsible for education and children's services

0370 000 2288
info@dcsf.gsi.gov.uk
www.education.gov.uk

Downs View Link College (DVLC)

Post-16 education for young people with complex needs

01273 507719
office@downsview.brighton-hove.sch.uk

Hove Park School (Upper)

Includes sixth form

01273 295000/1
office@hovepark.org.uk
www.hovepark.org.uk

LDD Advisers

(see Youth Employability Service)

Plumpton College

Wide range of land-based courses for school pupils and post-16 students

01273 890454
www.plumpton.ac.uk

Portslade Aldridge Community Academy (PACA) Academy – formerly Portslade Community College – includes sixth form	01273 410721 www.pacauk.com
School Admissions and Transport	01273 293653
St John's College Independent special school (Seaford) and college (Brighton)	01273 244000 www.st-johns.co.uk
Skill Skill, now part of the Disability Alliance, provides FAQs, web site, booklets and freephone helpline for disabled students	0800 328 5050 skill4disabledstudents@disabilityalliance.org www.skill.org.uk
Student Support Team Info/advice on financial support for post-16 students and home to college transport	01273 293603 student.support@brighton-hove.gov.uk
Sussex Downs College FE college in Lewes, Eastbourne and Newhaven	01273 483188 info@sussexdowns.ac.uk www.sussexdowns.ac.uk
Varndean College Post-16 sixth form college	01273 508011 office@varndean.ac.uk
YPLA (Young People's Learning Agency) Works with councils to provide further education for young people	0845 337 2000 enquiries@ypla.gov.uk www.ypla.gov.uk
Youth Employability Service Advice and support on further education, employment and training via LDD Advisers	01273 294247 www.brighton-hove.gov.uk

Contacts: Health and social care

Adult Social Care Access Point

First point of contact for any social care issues (18+)

295555

accesspoint@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Ask Sara

Occupational Therapists (OTs) provide online advice and ideas on the latest daily living equipment

www.asksara.org.uk

Association of Young People with ME (AYME)

Charity for children and young people with ME/CFS, offering helpline, groups, and online community

08451 23 23

www.ayme.org.uk

At Home Childcare Service

Run by Family Information Service.
Childcare in your own home

01273 293545

Brighton and Sussex University Hospitals NHS Trust

www.bsuh.nhs.uk

Brighton General Hospital

01273 696011

British Association of Occupational Therapists

Find an OT near you via their website

020 7357 6480

www.cot.org.uk

CAMHS (Child and Adolescent Mental Health Service)

01273 327221

info@sussexpartnership.nhs.uk

Care Choices

Information on specialist care for disabled young people and adults (16-64)

0800 389 2077

enquiries@carechoices.co.uk
www.carechoices.co.uk

Care Co-ops

Range of services including supported work placements

01273 685300

info@careco-ops.org.uk
www.careco-ops.org.uk

Carers Centre

Local charity that supports carers

01273 746222

Info@thecarerscentre.org
www.thecarerscentre.org

Carers Emergency Back-up Scheme/Carelink Plus

Alternative home-based care organised through council's Access Point to give carers peace of mind in an emergency

01273 680065 (emergency back-up) 01273 673105 (Carelink Plus)

CareLinkPlus@brighton-hove.gov.uk
www.brighton-hove.gov.uk

College of Occupational Therapists

Info on accessing occupational therapy

020 7357 6480

www.cot.org.uk

Community Learning Disability Team (CLDT)

Council service for adults with learning disabilities

01273 295550

www.brighton-hove.gov.uk

Complaints: Children's Social Care and Adult Social Care

0500 291229 (Freephone)

complaints@brighton-hove.gov.uk

Counselling Service – Federation of Disabled People

Counselling service for disabled people and their family or friends

01273 296747

www.bhfederation.org.uk

Daily Living Centre

Information and advice on daily living equipment

01273 296132/725421 (textphone)
www.brighton-hove.gov.uk

Deaf Blind UK

Specialist services and befriending for people with progressive sight and hearing loss

01733 358100/0800 132320
info@deafblind.org.uk
www.deafblind.org.uk

Drove Road

Residential short stays for 10 -18s with severe learning disabilities and challenging behaviour

01273 295530

Easyhealth

Online info for people with low literacy levels

www.easyhealth.org.uk

Emergency Adult Social Care Services

5pm – 8.30am Monday to Friday or any time during weekends or bank holidays

01273 295555

Family Planning Service

Based at Morley Street Centre, services include a youth clinic for under 18s

01273 242091

fpa

UK charity providing info, advice and support on sexual health, sex and relationships

0845 122 8690
www.fpa.org.uk

Information Prescriptions

Info on health conditions and treatments, care services, benefits and support groups

0800 130251
www.ipbh.org.uk

Health Visitors

Attached to your local GPs surgery or children's centre for under fives

Call your GP for details

Health Walks

Gentle, sociable walks for all ages

01273 292564

healthwalks@brighton-hove.gov.uk

Mental Healthline (Sussex)

Telephone support and info 9-5pm Mon-Fri. 24hrs weekends and bank holidays

0300 5000 101

www.sussexpartnership.nhs.uk

MIND – Brighton & Hove

Mental health advice, information and advocacy for young people aged 11-19 with mental health problems

01273 666950

enquiries@mindcharity.co.uk
www.mindcharity.co.uk

SWISH

Online sexual health services and contraception advice

01273 242091

swish@brighton-hove.gov.uk
www.swish.org.uk

Multi-agency Transition Team

Part of Community Learning Disability Service. Support with transition to adult services

01273 295550

National Centre for Independent Living (NCIL)

Information and support on Individual Budgets and Direct Payments (DP)

020 7587 1663

www.ncil.org.uk

NHS Brighton and Hove

Responsible for health and wellbeing of all in Brighton and Hove

01273 295490

enquiries@bhpct.nhs.uk
www.brightonandhovepct.nhs.uk

Occupational Therapists in Independent Practice (OTIP)
Online directory of independent OTs

0207 989 0681
www.otip.co.uk

PALS (Patient Advice and Liaison Service)
For healthcare complaints and service issues.

0800 013 0251
brightonandhovepals@nhs.net
www.brightonandhovepct.nhs.uk/haveyoursay/pals/index.asp

Parental Support Counselling Service (PSCS)
Low-cost counselling for parents, siblings (13+), carers, relatives provided at Downsview Special School

01273 682253

Princess Royal Hospital

01444 441881

Red Cross Medical Equipment Service
Short term loans of medical equipment like wheelchairs and crutches

01273 227800

Right Here
Project led by 16-25s to promote the emotional and mental wellbeing of young people

01273 22562
info@right-here-brightonandhove.org.uk
www.right-here-brightonandhove.org.uk

Royal Alexandra Children's Hospital
Based at Royal Sussex County Hospital

01273 696955

Royal Sussex County Hospital

01273 696955

Seaside View Child Development Centre Centre for integrated child development and disability services inc. paediatricians, nurses and health visitors, social care and occupational therapy teams, mental health and education	01273 265780/01273 265781
Sensory Services Through social care Access Point (children and adults)	01273 295555 monataguehouseadmin@brighton-hove.gov.uk
Speak Your Mind Advocacy Independent mental health advocacy for 11-19 year olds	01273 666954 www.mindcharity.co.uk
Speech & Language Therapy Adults 18+ Assessments, diagnosis, advice and treatment of speech and language and swallowing problems	01273 242074
Sussex Eye Hospital	01273 606126
Transmedi Provides translation in over 60 languages of all the details of a person's medical condition for use in emergencies abroad	01162 337 640 office@transmedi.com www.transmedi.com
Young Minds Advice, support and info on child mental health issues and parent helpline	0808 802 5544 info@youngminds.org.uk www.youngminds.org.uk

Contacts: Money and work

Access to Work

Located at Job Centre Plus (in Brighton and Hove)

01273 364750

www.direct.gov.uk

Benefit Enquiry Line

Advice and information for disabled people and their carers

0800 882200

www.direct.gov.uk/disability-money

Brighton Unemployed Centre Families Project

Benefits and welfare advice

01273 676171

www.bucfp.org

Citizen's Advice Bureau (CAB)

Free, impartial, confidential and independent advice on any subject including benefits and employment law

0845 120 3710

www.brightonhovcab.org.uk

Department for Work and Pensions (DWP)

Department responsible for DLA. Website lists Helpline numbers for all benefits departments

08457 123456

www.dwp.gov.uk

Direct Payments Support Service

Advice on Direct Payments and a payroll and admin service from Federation of Disabled People

01273 296747

directpayment@bhfederation.org.uk

www.bhfederation.org.uk

DLA Helpline

Local rate call. Enquiries about DLA and will send application forms

0845 712 3456/08457 224 433 (text phone)

[DCPU.Customer-](mailto:DCPU.Customer-Services@dwp.gsi.gov.uk)

Services@dwp.gsi.gov.uk

Family Fund

Grants towards household items, holidays etc

0845 130 4542

info@familyfund.org.uk
www.familyfund.org.uk

Housing and Council Tax Benefits

01273 292000

housing.benefits@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Independent Living Fund (ILF)

Financial support for disabled people. Not available to new applicants

0845 601 8815

funds@ilf.org.uk
www.ilf.org.uk

Jobcentre Plus

Info on benefits, loans and grants and help with finding a job. Specialist Disability Employment Advisers can help with all the above

0845 604 3719

www.directgov.uk

MACSS (Money Advice and Community Support Service)

Financial advice and support including cash handling, welfare benefit and debt advice work

01273 664000

info@macss.org.uk
www.macss.org.uk

Volunteer Centre Brighton and Hove

Promotes volunteering in the city

01273 737888

Welfare Rights Unit

Advice on benefits from council team. Advice line open Weds 10am to 1pm

01273 291118/291121

Advice line 01273 291116
www.brighton-hove.gov.uk

Contacts / Housing

Ability Housing Association

Housing, care and support for people with disabilities

01784 490910

info@ability-housing.co.uk

www.ability-housing.co.uk

Accessible Property Register

Property website with accessible/adapted property for sale and rent

0774 9119385

conradh@accessible-property.org.uk

www.accessible-property.org.uk

Adaptation Team

Council team that oversees alterations to your home

01273 193365

www.brighton-hove.gov.uk

Anchor Staying Put

Home improvement service to help disabled people living in their own homes

01273 820895

www.escic.org.uk

Brighton Housing Trust (BHT)

Specialist legal advice/info on housing, immigration, welfare benefits and debt

01273 234737

advice@bht.org.uk

www.bht.org.uk

Care and Repair England

Improves housing and living conditions of disabled people

0115950 6500

www.careandrepair-england.org.uk

Disabilities Care Register (DCR)

Free info on independent living and care provision

0800 389 2077

www.carechoices.co.uk

Foundations

National organisation providing help with home repairs, adaptations and maintenance

01457 891909
www.foundations.uk.com

Homemove

Choice-based lettings scheme for council and housing association homes in Brighton and Hove

01273 294400
homemove@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Housing Benefits/Local Housing Allowance (LHA)

Advice and help completing application forms

01273 292000
housing.benefits@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Housing Options

National Organisation providing free housing advice for people with learning disabilities

0845 456 1497
enquiries@housingoptions.org.uk
www.housingoptions.org.uk

Housing Options Team

Council service providing advice about local private tenancy housing

01273 293111/01273 293412 (learning disabilities officer)
housing.advice@brighton-hove.gov.uk
www.brighton-hove.gov.uk

In Touch Handyperson Scheme

Minor home repairs and home safety assessments for disabled people

0800 313 4457
www.brighton-hove.gov.uk/handypersonservice

Mencap Supported Living Service

Helps adults with learning disabilities remain in or move into their own home

01273 234759

MOAT

Regional housing association offering shared ownership and support services

0845 600 1006
www.moat.co.uk

Mount Camphill Community

Wadhurst, East Sussex.
Therapeutic communities for people with special needs, co-workers and their families

01892782 025
info@camphill.org.uk
www.mountcamphill.org

Papworth Trust

Accessible properties to aid independent living

0800 952 5000 (Freephone)/01480 357 200
www.papworth.org.uk

Southdown Housing Association

Supported accommodation for people who have mental health difficulties and / or learning disabilities

01273 405800
info@southdownhousing.org
www.southdownhousing.org

Sussex Central YMCA Housing Service

Support to help young people move towards independent living

01273 828828
housingservices@sussexcentralymca.org.uk
www.sussexcentralymca.org.uk

Contacts: Leisure

3H Fund

Subsidised group holidays for physically disabled children and young people

01892 860207
info@3hfund.org.uk
www.3hfund.org.uk

Active for Life Directory

A-Z of sport and physical activities provided across the city

01273 292724
ActiveForLife@brighton-hove.gov.uk
www.activeforlife.org.uk

Activenture

Clubs and activity holidays for young disabled people aged 8 to 18 organised by London Youth

01342 828215
activenture@hindleap.com
www.londonyouth.org.uk/activenture/index

Adur Special Needs Project

Play schemes for 5-18 year olds, integrated youth club and over 18s group in Shoreham

01273 441866
info@adurspecialneedsproject.com
www.adurspecialneedsproject.com

Adventure Unlimited

Adventure activities for children and young people with and without special needs

01273 681058
info@aultd.org
www.aultd.org

Autism-friendly screenings (Duke of York cinema)

Regular special needs-friendly screenings in partnership with Amaze

www.amazebrighton.org.uk/newsandevents
Amaze helpline 01273 772289

Bike for Life

Cycle training and bike maintenance courses

01273 676278/07982 230881
info@bikeforlife.org.uk
www.bikeforlife.org.uk

Biking and Disability Information on cycles to increase mobility	01925 764014
BREAK UK breaks for children and adults with learning disabilities	01263 822161 office@break-charity.org www.break-charity.org
Carousel Integrated creative arts for young people and adults with learning disabilities inc Blue Camel Club	01273 234734 enquiries@carousel.org.uk www.carousel.org.uk
Cherish Youth Club Holiday activities and term time youth service	01273 295530
Carers' Card Discounted health and leisure for people with a regular caring responsibility.	01273 295555 (for carers of over 18s) 01273 295153 (for carers of under 18s)
Children's Society Befriending Service Help for 13-18s with special needs to access activities with the support of a volunteer befriender	01273 749085
Compass Card Free and discounted leisure opportunities for young people registered on the Compass database. Run by Amaze	01273 772289 www.amazebrighton.org.uk
Duke of Edinburgh's Award Voluntary activities for all 14-25s	01273 293642 www.brightonandhoveidea.org.uk

extratime

Inclusive after school club/ play and youth schemes for 5-19s in Brighton and Hove

01273 689687

info.extratime@yahoo.co.uk
www.extratimebrighton.org.uk

Future Cycles

Bikes, trikes and recumbents for sale or hire

01273 483103/01342 822847

bikes@futurecycles.co.uk
www.futurecycles.co.uk

Girlguiding Sussex East

Girl Guide groups in Brighton and Hove and Sussex

joinus@girlguidingsussexeast.org.uk

www.girlguidingsussexeast.org.uk

Health Walks

Gentle, sociable walks for all ages

01273 292564

healthwalks@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Gully's Day Out

Albion in the Community scheme that provides free days out to people with disabilities and their friends and families

AITCGullyDayOut@bhafc.co.uk

07919 051848

Riding for the Disabled

Association (RDA)

Horse riding and driving carriages for disabled people. Call for local groups info

0845 658 1082 (national)

www.riding-for-disabled.org.uk

Scouts Association

Activities for boys and girls aged 6-25. Call for local group details or email via website

0845 300 1818

www.scouts.org.uk

Seagulls Specials

Brighton & Hove Albion Football club for children and young people with special needs aged 8 to 16 years

07919 051848

teresa@seagulls-specials.org.uk
www.seagulls-specials.org.uk
Contact Teresa Sanders

Spiral

Clubs and sports activities for 18s and over with learning disabilities

01273 295180 (Project Leader - Chris Page)

chrispage@spiralsussex.co.uk
www.spiralsussex.co.uk

Sussex Wheelchair Basketball Club - Tigers

Wheelchair basketball training and national league matches

gary@swbctigers.com
www.swbctigers.com

Tourism for All

Information about accessible accommodation and other tourism services

0845 124 9971

info@tourismforall.org.uk
www.tourismforall.org.uk

Y Centre

Sports sessions and youth club activities for young people

01273 715444 (Sport)/715443 (Youth)

marmion.road@sussexcentralymca.org.uk
www.sussexcentralymca.org.uk

Contacts: Travel

Blue Badge

Badge for parking concessions for disabled people

01273 296662

parking@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Brighton and Hove Bus and Coach Company

01273 886200

info@buses.co.uk
www.buses.co.uk

British School of Motoring (BSM)

Specialist driver training for people with disabilities via BSM Mobility

0845 851 9571

BSMCustomerCare@bsm.co.uk
www.bsm.co.uk

City Cabs

01273 205205

Community Transport

Run wheelchair accessible minibuses and EasyLink service

01273 677559

www.bhct.co.uk

Concessionary Travel Team

Free bus travel for disabled people

01273 291928

busspasses@brighton-hove.gov.uk
www.brighton-hove.gov.uk

Disability Living Allowance Unit

Free road tax for disabled people on higher rate for mobility DLA

0845 712 3456

www.direct.gov.uk

Disabled Living Foundation

Information on equipment and mobility products

0845 130 9177/020 7289 6111

info@dlf.org.uk
www.dlf.org.uk

Disabled Persons Railcard

Concessionary railcard for disabled people

0845 605 0525

www.disabledpersons-railcard.co.uk

Disabled Persons Transport Advisory Committee (DPTAC) Advises government on transport needs of disabled people	020 7944 8011 dptac@dft.gsi.gov.uk www.dptac.gov.uk
EasyLink City-wide door-to-door transport service for people with mobility problems.	01273 677559 www.bhct.co.uk
Home to School Transport	01273 293501 www.brighton-hove.gov.uk
Journey On Travel info for Brighton and Hove and a journey planner	www.journeyon.co.uk
Motability Car Scheme Advice about information about leasing or purchasing a car and mobility equipment	0845 456 4566 www.motability.co.uk
National Bus Pass Free bus travel for disabled people	01273 291928 buspasses@brighton-hove.gov.uk www.brighton-hove.gov.uk
National Express Disabled Persons Travel Helpline	8717 818179 www.nationalexpress.com
Parking Information Centre Blue Badges issued for concessionary parking for disabled people	01273 296662 parking@brighton-hove.gov.uk www.brighton-hove.org.uk

Public Transport Team

01273 292480
local.transport@brighton-
hove.gov.uk
www.brighton-hove.gov.uk

Queen Elizabeth Foundation

Mobility assessments, equipment testing
and adaptations

020 87701151
mobility@qef.org.uk
www.qef.org.uk

Shopmobility

Electrical scooter and wheelchair hire
for people with mobility issues

0845 442 446
info@shopmobilityuk.org
www.shopmobilityuk.org

Southern Assisted Travel Service

Mobility assistance for train travel on
Southern Railways

0800 138 1016
myjourney@southernrailway.com
www.southernrailway.com

Streamline Taxis

01273 747474/202020

Transport for London (TfL)

Travel information in the capital

0843 222 1234
www.tfl.gov.uk